



KIOWA AOA MENU

DECEMBER

2022



Sun

Mon

Tue

Wed

Thu

Fri

Sat

AOA MAIN NUMBER

580/654-1590
AOA DIRECTOR
580/654-6315
AOA CAREGIVER
580/654-6314
AOA HAIR SALON
405/668-3134

- GENERAL INFORMATION -
The Kiowa AOA Elder Christmas Program will be held at the Red Buffalo Hall on December 15, 2022, at 11:00am. It is open to all 7 Districts of the Kiowa Tribe for Kiowa Elders 60 yrs of age and older. Vendors are welcome to come and set up their booths free of charge and tables will be provided. The Christmas Dinner will be served at 12:00pm noon. At 1:00pm the Kiowa AOA Program will also host a "Family-Style Bingo."
Due to cold winter weather and potential, hazardous conditions you may now pick your meal up at the AOA "Curbside" or come inside and enjoy your meal indoors.

1 Groundbeef Stew w/ Vegetables
Crackers
Macaroni Salad
Peaches

2 Boiled Eggs
Sausage links
Oatmeal
Apple
Toast

3 MEAL TIMES
MONDAY - THUR
12:00pm—1:00pm
Employees: 12:30pm
FRIDAYS ONLY
1 0:00am—11:00am
Employees: 10:30am

4 "Stop in anytime & enjoy a complimentary cup of coffee or hot chocolate and cappuccino by the fireplace."
 COFFEE

5 Hamburger w/let / Tom / Mayo
Baked Beans
Tator Tots
Vanilla Pudding

6 Chili Con Carne w/ Cornbread
Tossed Salad w/ Dressing
Peach Cobbler
CHAIR EXERCISES @ 11am

7 Oven Fried Chicken
Mash Potatos & Gravy
Savory Green Beans
Dinner Roll
Lemon Meringue Pie

8 Spaghetti w/ Meat Sauce
Corn
Tossed Salad w/ Dressing
Garlic Bread
Chocolate Pudding
FLEA MARKET 10am—2pm

9 Pan Cakes w/ Syrup
Scrambled Eggs
Breakfast Ham
Orange Wedges

10 QUALIFICATIONS
*Federally recognized Member of any tribe.
*60yrs of age or older.
*Non-Indian spouse and spouse 59 yrs of age or younger of qualified elder.
*Handicapped of any age Residing w/ qualified elder.

11 Sloppy Joe
Potato Salad
Soft Cheetos
Pepperoncini Pepper
Jello
KIOWA CASINO TRIP @ 2pm

12 Fried Rice w/ Chicken
Egg Roll w/ Sauce
Carrot Sticks w/ Ranch
Cherry Cobbler
CHAIR EXERCISES @ 11am

13 Beans w/ Ham
Fried Cabbage w/ Bacon
Oven Fried Potatoes
Corn Bread
Water Gate Salad

14 Chicken Salad on Croissant
Pasta Salad
Soft Cheetos
Churro w/ Cinnamon
NO DELIVERIES TODAY

15 CHRISTMAS DINNER - 11am
Sirloin Steak w/ A-1
Red Skin Potatoes & Gravy
Garden Fresh Vegetables
Croissant / Cheese Cake
CHRISTMAS TREAT BAGS
Family Style Bingo @ 1pm
Vendors Welcome 10am-2pm

16 Kolache w/ Smoked Sausage & Cheese
Hashbrown Patty
Oatmeal

17 NO EXCEPTIONS
59 yrs & younger
\$5.00 per Meal
60 & Older
Meal Free
*ID may be required at AOA discretion

18 Meat & Potatoes w/ Bell Pepper & Onion
Carrot Salad
Skillet Bread
German Chocolate Cake

19 COOKS CHOICE
Chicken & Broccoli
Tortellini
Fried Green Tomatoes
Garlic Bread
Blackberry Cobbler
CHAIR EXERCISES @ 11am

20 Fried Porkchop
Scallopp Potatoes
Fried Cabbage w/ Bacon
Blackeye Peas
Biscuit & Honey w/Butter
Apple Dumpling

21 Goulash
Corn on Cob
Tossed Salad
Garlic Toast
Tropical Fruit
FLEA MARKET 10am—2pm

22 Beef Tamales
Mexican Style Potatoes
Refried Beans
Yogurt

23 Scrambled Eggs
Smoked Sausage
Hash Brown Patty
Oatmeal

24 MENU SUBJECT TO CHANGE



25 JESUS IS THE REASON FOR THE SEASON
Happy Holidays
KIOWA TRIBE COMPLEX CLOSED

26 EXTENDED HOLIDAY
Cheeseburger Chowder- Soup w/ Potatoes
Grilled Cheese Sandwich
Corn Nuggets
Fruit Cocktail
CHAIR EXERCISES @ 11am

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