

# ELDER'S WATER AEROBICS IS BACK!

EVERY

TUESDAY &

THURSDAY

9 AM - 10 AM



LOCATED AT

ISCANI POOL

OPEN TO THE

PUBLIC



For more information please contact Blessing Bedeau  
Phone: (405)247-8652

Email: [blessing.bedeau@wichitatribe.com](mailto:blessing.bedeau@wichitatribe.com)

The Kiowa Tribe CHR Program will be shuttling Kiowa Elders from the Kiowa AOA Elder Center to the Iscani Center in Anadarko, Oklahoma, every Tuesday & every Thursday and bring you back.

To reserve your seat for participating call the Kiowa CHR Program: 580/654-2216 or 580/654-6316. Departure will occur at 8:15am from the Kiowa AOA Center and arrive for the 9:00am Participation.